

# Cavan Monaghan Underage League Airtricity, League of Ireland

## Safer Return to Training Protocol

### **COVID-19 Risk Assessment & Guidance**

#### **Risk Assessment**

Advice and guidance from Government and the Football Association of Ireland has required all clubs to conduct a risk assessment for COVID-19.

The risk assessment must be carried out by a competent person in order to identify the hazards and quantify the risks of these hazards exposing people to the virus.

Hazards and risks cannot be eliminated and therefore must be controlled.

The control measures must be either physical or procedural and must be communicated to those who will work with, or otherwise come into contact with the hazards.

In undertaking risk assessments, the following approach should be adopted:

- > Gather information and advice from the sporting governing body, the Football Association of Ireland
- > Gather information from Government and other recognised sources
- > Consider control measures appropriate to the current Government advice
- Evaluate residual risk to person(s)

The risk assessments below give both primary and residual risks.

The primary risk is the risk associated with the identified hazard assuming that the risk associated, remains completely uncontrolled.

The residual risk is the level of the remaining risk produced when proposed control measures have been applied.

The figures given may be interpreted using the risk assessment matrix below.

All club management committees shall ensure that the risk control measures are fully implemented to achieve these levels.

The columns following the residual risk data indicate where additional controls may be required or where special attention should be given.

For the avoidance of confusion - the columns of the risk rating sections are headed Likelihood, Severity.

L is for "likelihood" and is given in the first column.

S is for "severity" and is indicated in the second column.

R is for 'Risk Rating" and is indicated in the third column.

#### Likelihood x Severity = Risk

The control measures, indicated within the assessment, are reasonably practicable to control the risks identified based on the protocol.

The findings of the risk assessment shall be communicated to those who may be exposed, or otherwise come into contact with the hazards and risks identified.

Club Managements must ensure that the control measures are implemented and managed.

An ongoing review of the assessment will take place and amended if the guidance from the governing body or Government departments is updated and suggests that the last control measures suggested are no longer sufficient to control risks, or are inappropriate, or if additional hazards are identified.

A process of continuous assessment and re-assessment will be undertaken to ensure appropriate risk controls in accordance with all Government and FAI protocols.

#### <u>Matrix</u>

Date of Assessment:	07/07/2020 and 23/07/2020	Assessed By:	Pierce Hannick
Training Venue:	Cavan Astro, Cavan, Co Cavan	Signature:	

Lil	kelihood								
1.	Extremely Unlikely.	2.	Possible but Unlikely.	3.	Conceivable.	4.	Probably will happen at some time.	5.	Almost certain to happen.

Se	Severity								
1.	No or minimum illness.	2.	Medical Treatment.	3.	Medical treatment or isolation.	4.	Critical infection or hospitalisation.	5.	Fatality.

Score	Risk	Action
1 → 6	LOW	Action is not required to lower the risk. Time   Effort   Money is proportionate to the risk.
7 → 15	MEDIUM	Action may be required to control the risk. Immediate short-term measures may be required.
16 → 25	HIGH	Action is required urgently to control the risk. Further resources are almost inevitable.

Subject	Hazard	People at Risk  All attendees at Cavan Astro during training sessions	No clear documented guidance on protocols		Rating L x S = I		Control Measures & Further Precautions to Reduce Risk  Clearly labelled documentation, risk Assement and checklist will be available on site for coach/parent/committee/player review	Documentation put in place and bound in a folder, available for review.
Protocol Document Discussed.	Documentation not in place			3	2	6		
Compliance Officer	No person available for responsibility on training days.	All attendees at Cavan Astro during training sessions	No clear guidance or crowd control implementing social distancing. No record of attendees	2	2	4	Trained Covid Compliance officer with responsibility for implementation. Further Training available on sportireland website	www.sportireland.ie/covid19/course Volunteer may help in implementing social distancing measures
Sanitary Cleaning Products	No disinfection available on site	All attendees at Cavan Astro during training sessions	Touch contamination may pose a transmission risk	3	3	9	Not presently	Anti viral bleach/azo wipes will be available on site. Hand sanitiser to be available on siteLiase with Cavan astro
Signage	Insufficent signage available to remind people to maintain behaviour and social distancing protocols.	All attendees at Cavan Astro during training sessions	Attendees may lapse, become complacent, and forget to maintain protocols	3	3	9	Not presently	Clear signage on site, to remind attendees of their adherence to guidelines. Liase with cavan astro
Attendance Records	No record available of attendees	All attendees at Cavan Astro during training sessions	In the event of a confirmed outbreak, should contact tracing be required, by HSE there is no record of attendees	3	3	9	Controlled document recording attendees will be put in place. Document will be retained for a minimum of 4 weeks.	Attendee sheet to be implemented
Access Control	Unknown attendees on site	All attendees at Cavan Astro during training sessions	Unknown attendee, not recorded on attendance sheet	3	2	6	Only Coaches, players, parents/Guardians, Committee members and Cavan Astro staff; are authorised to attend site	Only Players, coaches, parents, guardians, committee members, and staff will be in attendance. Parents on site to drop off players.
Training	Possible transmission vector from training equipment	Players and coaches in attendance	Cross-contamination from contact and apparel exchange	2	2	4	Players will bring their Own training gear with them	Player attendance and responsibilities will be clearly stated and documented
Changing room	Possible transmission from showers/changing rooms in enclosed indoor area	Players and coaches in attendance	Cross-contamination from contact and apparel exchange	2	2	4	Players will attend already togged out. Changing facilities will not be open.	Player attendance and responsibilities will be clearly stated and documented
Enclosed space	Possible transmission from enclosed indoor area	All attendees at Cavan Astro during training sessions	Increased risk of contamination from close indoor contact.	2	2	4	HSE guidelines will apply if there are meeting indoors. Where as much as possible, all verbal communication form coaches and/or committee members will take place outdoors	HSE guidelines will be reviewed.
Hard surface	Risk of viral particles on plastic or other surfaces	Players and coaches in attendance	Cross-contamination from contact.	2	2	4	After training, exposed surface will be wiped down with Bleach/azo wipes	Exposed training surface (eg external Plastic cone) will be wiped as required